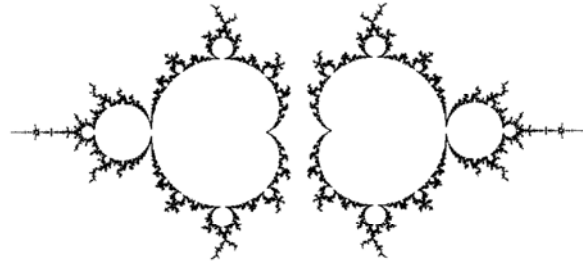


# Energetic Openings

## Session Info Sheet



You are receiving this as you have expressed interest in visiting me for the purposes of having a session. This sheet is intended to give you some basic information to assist you in making your plans and preparing mentally. If you have additional questions, you may email me directly at [REDACTED]

### **Introduction:**

We will be working with an extremely powerful tryptamine neurotransmitter that produces radical and near-instantaneous transformations in perception, consciousness, and physical/embodied experience. While this medicine is “magical,” it is not a “magic bullet.” It is important to always keep in mind that **FREE WILL** and **CONSCIOUS CHOICE** are never violated by *any* medicine, no matter how powerful.

What this means is that you will get out of this what you are willing to allow yourself to experience. No one can choose to **TRUST**, **SURRENDER**, and **LET GO** for you. Only **YOU** can make these choices within yourself.

This medicine allows for the opportunity to truly get beyond the confines of your ego. Your ego very well may interpret this as dying, and most likely this is probably the closest one can get to having a near-death experience without actually putting your physical body in immediate danger. In order to get the most from this work, it will be your job to allow this process to unfold and not to hold on to your fear, doubt, or uncertainty.

Freeing yourself from your ego is the most radically healing work you can possibly do for yourself. The more you allow yourself to open and let go, the more reward

you will receive for engaging in this work. You are highly encouraged to set your intentions to fully engage with this process with the understanding that *THIS IS FOR YOU!* This is *your* session. This is about you and your willingness to fully explore your infinite nature and take the necessary steps of personal responsibility to be yourself without projection, judgment, or attachment. Only you can do this work for yourself! The medicine is *only a tool*, albeit an extraordinarily powerful one.

This is NOT a shamanic session. This work is beyond what is provided by shamanic use of entheogens. This work is about “going all the way” and is NOT involved with prayer, ritual, other realms, entities, spirits, or any other projections of the ego. This is REALITY THERAPY. This is about encountering yourself in your immediate, infinite nature as a direct expression and embodiment of the One Being that is Reality. This is about YOU.

### **Cost:**

While there is ultimately no price tag for this work, I ask for compensation on a sliding scale of for a session. Reduced rates are also available for multiple sessions. I NEVER charge for medicine, primarily as different people need different amounts and each session is different. I ask for compensation in recognition of my time, energy, and effort that I put into being fully present and responsive to individuals in each session. My focus is 100% on each client, and I am deeply appreciative your financial support for my services. If you are unable to contribute at the levels listed here, please feel free to discuss with me what would be more comfortable and realistic for you and we can work something out. Payment is cash is preferred, though not necessary.

### **Session Basics:**

**Duration** – approximately 2 hours (not including 45 minute – one hour introductory talk) – this includes up to THREE-FOUR rounds of medicine plus time for discussion/integration after the medicine has worn off. I will encourage you to take more medicine as soon as I see that your ego is reintegrating after the initial opening. It will be your job to trust and find the courage to take more medicine and continue with your expansion beyond the comforting confines of your ego. By the time we conclude, the medicine will have completely worn off.

**Attire** – wear loose, comfortable clothing. This is not a fashion event, nor it is a ceremony. Dress in clothing that will make it easy for you to relax, allows



for natural breathing, and is not constricting. Belts and jewelry are not recommended! Also, you may want to bring an extra shirt if you anticipate that you might purge/vomit during the session (about 1/5 of clients purge at some point). And please, no scents, colognes, or perfumes.

**Set-up** – You will have a comfortable pad to lie down on and I will have fitting music playing in the background during our session. I will be at the foot of the bed and will also be working with you directly to help move energy as it presents itself as well as help you get out of your ego and remain open, trusting, and expanded.

**Afterglow** – it is common for individuals to claim that they can still feel after effects of the medicine even though it has completely processed through the body. Your body will metabolize the medicine very quickly and it *does not* produce lingering effects. Any residual effects are *self-produced*. We are working with a natural human neurotransmitter that *you can produce in your body naturally and all on your own*. It is common and perfectly normal for individuals to feel/experience similar sensations after the session when they are going to sleep or just relaxing. If such occurs, just stay relaxed and open.

**Bringing a Friend/Witness** – It is fine if you want to bring a friend or companion along for your session. However, during the session, there should be no attempt at interaction between you and your companion. Such actions are *always* attempts by one's ego to try and maintain a sense of normality and are radically counter-productive during our work with the medicine

**Videotaping** – On occasion, I've been asked by clients if they can videotape their session. I am fine with this, though you must provide the camera and equipment and also agree not to share the video publicly in any way. The value of videotaping your session is that the energy of the experience and of your ego's reactions are always evident in the movements and actions of your body. It can therefore be very revealing to watch how you reacted and what kinds of energy you were working through in your session.

**Symmetry** – As I will discuss with you upon your arrival and prior to beginning our session, the single most important factor for you during the session will be to maintain bilateral symmetry in your body – This means no crossed legs or arms and that the left and right sides of the body should mirror each other. Maintaining such symmetry is the most efficient way for

bypassing the energetic patterns of the ego and remaining in an open, trusting, and relaxed energetic state of being.

### **My Role:**

As your facilitator, I play a highly specific role in your session. I like to describe my role as that of “reality coach” and “energetic mirror.” As a reality coach, it is my job to keep you focused on what is actually taking place within the session. As we will be working with very powerful psychotropic substances, it is possible for confused egos to produce self-created projections and illusions. It is also possible for egos to get “lost in thought” during the experience. In such cases, I work to bring you back to what is actually happening within the session. This is usually done verbally. Verbalizing can be a way of creating distance between the self and the experience, however, so our goal is always to keep verbalizing and conversation to a minimum. There will be ample time to discuss your experience at the conclusion of the session. During the session it is best to stay focused on the experience itself and leave verbalizing for a later time. However, if you need verbal coaching during the session, I will provide it.

My role as an “energetic mirror” is a bit different. Significantly, I will be taking medicine with you. This allows me to monitor your ego at a very subtle level. I can clearly experience it when your ego is has gotten out of the way and you are in a place of openness and trust. When this occurs, I can then use my body to help you move, process, and release stored or blocked energy. This usually involves me placing my hands on your body, which might be anywhere along the central line of your body from the top of your head to your pubic area, using my breath, voice, and body to move energy, and working with you directly as *one unified energetic field*. When your ego drops, there will be no real distinction between us. As soon as your ego starts to reform, I will feel it. At that point, we can go for more medicine and continue to process your energy. *I can only help you process energy when your ego is relaxed, open, and trusting.* There is nothing I can do for a resisting ego other than serve as a reality coach and give encouragement and clarity through conversation.

This process is completely unique. This is far more intense and revelatory than the shamanic use of entheogenic medicines and is radical and direct. I do not personally know of any other practitioners who can provide the same kind of clear guidance and energetic mirroring as myself. Even individuals who have experienced the same medicine that I use cannot believe how much more powerful a session using this methodology is.



## **Processing Energy:**

All medicines alter your ability to perceive, experience, and process energy in your body/mind/being. We will be working with *the world's most powerful energetic opener*. This is a radical experience and most likely will be experienced by you as a massive and infinite flood of energy coursing through your being.

Egos are collections of energetic patterns, thoughts, beliefs, and behaviors and reactions. It is impossible for an individual to “go all the way” into their infinite energetic nature and retain their ego’s energetic constructs. It is only through dropping these energetic constructs that an individual can experience his or her full, infinite nature.

When egos drop, it then becomes possible to process energy much more efficiently and productively in the body. Egos, through holdings produced by patterns of thought, belief, and action, store energetic patterns in the body in the form of resistance, fear, or constricted energy. When ego gets out of the way, it becomes possible to release, transform, and move this constricted energy. It is constricted energy that is the cause of personal suffering, illness, disease, and other personal problems and discomforts. A primary goal of this work is to *allow all your energy to flow freely and without the constrictions imposed by your ego*. This is primarily a process of *learning to allow yourself to be yourself fully without the limitations of your ego*.

Large energetic releases are very common with this work. This will look different for different individuals, depending on how each individual has used his or her ego to create blocks and restrictions. People who are usually very quiet and withhold their free expression, for example, may need to scream and shout at top volume. People who hold on through fear might need to purge and vomit out all that constrictive energy. Others may need to laugh until they cry. *Each person's release is unique and an individual expression of his or her authentic energy. Our only goal is for authentic expression and release of energy. There is no uniform “right” or “wrong” here.*

## **Multiple Sessions:**

Many individuals who travel to [REDACTED] for this work are interested in having multiple sessions in order to maximize their visit. If you feel up for it, I highly

encourage you to consider this option. For multiple sessions, I like to give clients the opportunity to experience different medicines in order to become familiar with the many spectrums of their authentic energy. Generally, I recommend one day off between sessions for integration and reflection. Keep in mind that this work is radical and can be very demanding and challenging, as well as profoundly rewarding and transformative. Most people come away with the understanding that whatever it has been that they have been looking for in their lives, *this is IT!*

I am available for sessions on most days with a flexible schedule. Generally, we arrange sessions for either 2 pm in the afternoon or 7 pm in the evening, depending on availability. I recommend that you arrange a session as far in advance as possible as at times, I am under high demand for my services. If you need to cancel or reschedule, that is fine.

**Travel Plans and Lodging:**

The nearest small airport is [REDACTED], and the nearest large airport is [REDACTED]. The [REDACTED] airport is approximately 25 minutes from my home.

The closest freeway exit is exit [REDACTED]. There are a number of hotels immediately available at that exit that are within 10-15 minutes walking distance from my home, with Super 8 being the closest:

- Super 8 - [REDACTED]
- Holiday Inn - [REDACTED]
- Best Western - [REDACTED]

**Contra-indicators:**

Anyone who is currently taking pharmaceutical medications or anyone how has severe health (particularly heart) issues should NOT undertake this work. Many psychiatric medications, anti-depressants, tranquilizers, anti-psychotics can react to tryptamines in unpredictable ways and could be dangerous.

Additionally, alcohol interferes with the medicine and with the work. Clients should refrain from consuming alcohol for AT LEAST 24 hours prior to session. Even better is to not consume any alcohol at all, as it is primarily a poison and ego-intoxicant.

**How to Prepare:**

I'm often asked: what can I do to prepare myself for this work? The best answer is: get into the practice of being honest with yourself and others at all times. Don't be afraid to be honest, express yourself, and say what you really mean and mean what you say and do! This is the best preparation as this is a process of coming to terms with reality, free from projection, illusion, attachment, or egoic concepts. Practicing honesty is the best way to familiarize yourself with genuine energy.

Additionally, I highly recommend that you read my book, *Being Human: An Entheological Guide to God, Evolution, and the Fractal Energetic Nature of Reality* prior to our session. *Being Human* is available at my website, [www.martinball.net](http://www.martinball.net) and at Amazon.com. There is also relevant reading material at my webpage [www.entheological-paradigm.net](http://www.entheological-paradigm.net)

I look forward to working with you.

Martin